

**Inspire Change Counseling Services**  
**9800 McLaughlin Road N unit 74**  
**Brampton, ON, L6X 4R1**  
**Tel: 416-617 2613 Fax: 905-455-7363**

**PSYCHOTHERAPY PATIENT REFERRAL FORM**

Patient's Name \_\_\_\_\_

Patient's Contact Number \_\_\_\_\_

Diagnosis & Additional Details (Please specify):

Depression

Anxiety

PTSD (Post-Traumatic Stress Disorder)

Adjustment Disorder

Other (Please specify the diagnosis\*): \_\_\_\_\_

Comments:

Referring Practitioner \_\_\_\_\_

Contact Information \_\_\_\_\_

Referral Date \_\_\_\_\_

Signature \_\_\_\_\_